

## MONDAY



## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

1

Breakfast  
Yogurt  
Graham Crackers  
Daily Fruit

Lunch  
Corn Dog (c)  
Daily Vegetable  
Assorted Fruit

2

NO SCHOOL  
ALL SOULS DAY

3

Breakfast  
Cold Cereal  
Fruit

Lunch  
Breaded Chicken Sandwich  
Regular OR Spicy  
Daily Vegetable  
Fruit

Lunch Includes your CHOICE of Fruit or Vegetable (or both)

6

Breakfast  
Benefit Bar  
Fruit  
  
Lunch  
Cheese Burger (b)  
Daily Vegetable  
Assorted Fruit

7

Breakfast  
Bacon (p) & Egg  
w/ Rice  
Fruit & Juice

Lunch  
Pork Tacos  
Pinto Beans  
Daily Fruit

8

Breakfast  
Stuffed Bagel  
Fruit

Lunch  
Chicken Nuggets  
W/ Rice  
Daily Vegetable  
Fruit

9

Breakfast  
Cheese Omelet w/ Rice  
Fruit & Juice

Lunch  
Bistek w/ Rice (b)  
Daily Vegetable  
Fruit

10

NO SCHOOL  
VETERANS DAY

Our Menus follow USDA guidelines for school nutrition serving a variety of whole grains weekly

13

Breakfast  
Cereal Bar  
Fruit  
  
Lunch  
Hot Dog (b)  
Daily Vegetable  
Fruit

14

Breakfast  
Pork Sausage & Rice  
Fruit & Juice  
  
Lunch  
Beef Nachos w/ Cheese Sauce  
Black Beans  
Daily Fruit

15

Breakfast  
Breakfast Pizza (t)  
Fruit

Lunch  
Orange Chicken  
Rice  
Daily Vegetable  
fruit

16

Breakfast  
French Toast Sticks  
Fruit & Juice

Lunch  
Eggless Loco Moco (b)  
w/ Rice  
Daily Vegetable  
Fruit

17

Breakfast  
Yogurt  
Graham Crackers  
Fruit

Lunch  
Pepperoni Pizza (p)  
Daily Vegetable  
Fruit

Meat is identified by the following (p) Pork, (b) Beef, (c) Chicken and (t) Turkey

20

Breakfast  
Frudel  
Fruit  
  
Lunch  
Chicken Tenders  
w/ Rice  
Daily Vegetable  
Fruit

21

Breakfast  
Breakfast on a Stick (t)  
Fruit & Juice

Lunch  
Pork Tacos  
w/ Cheese  
Pinto Beans  
Fruit of the Day

22

**Breakfast**  
Fried Rice w/ Ham & Egg (p)  
Fruit

**Thanksgiving Feast**  
Turkey & Gravy  
Mashed Potatoes  
Vegetable and Fruit  
Dinner Roll  
Cookie



24

Breakfast  
Benefit Bar  
Fruit

Lunch  
Breaded Chicken Sandwich  
(Regular OR Spicy)  
Daily Vegetable  
Fruit

Milk is OPTIONAL at Lunch time Only (required at breakfast)

27

Breakfast  
Cold Cereal  
Fruit  
  
Lunch  
Baked Chicken Alfredo  
Vegetables  
Fruit

28

Breakfast  
Sausage Breakfast Pizza (t)  
Fruit & Juice

Lunch:  
Beef Nachos  
w/ Cheese Sauce  
Black Beans  
Fruit

29

Breakfast  
Pork Sausage w/ Rice  
Fruit

Lunch:  
Corn Dog (C)  
Vegetable  
Fruit

30

Breakfast  
Mini Pancakes  
Fruit & Juice

Lunch:  
Chicken Drumstick  
Red Rice  
Vegetable  
Fruit

Menus are subject to change due to product availability

This institution is an equal opportunity provider.

